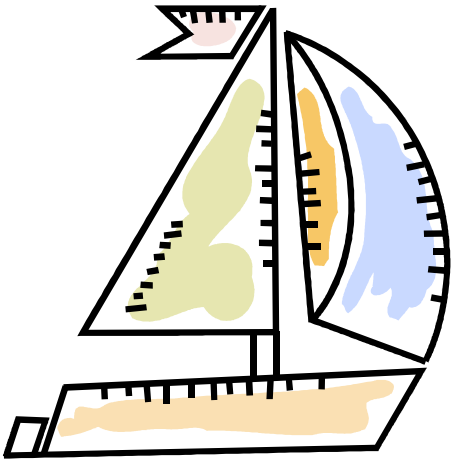

YEALM COMMUNITY SAILING

Cadet Optimist with instruction Sessions
BOOKING FORM 2017

We have a great opportunity for some of the new and less experienced Cadets to take part in some coached sessions with a Senior Instructor. The 3hr sessions will use the Optimists and will cover the basic points of sail race starts, race courses with some fun races, adding in rules as they progress. The cost for each 3hr session is £15. It is open to children in Years 3 to 7 and they must be able to swim 50m to take part in these sessions.
The sessions will begin before the scheduled Cadet sessions so the Optimists can be rigged, launched and be out on the water before the Cadets.

Name of child:..... Date of Birth:.....

Name and address of parent/carer:.....

.....

Mobile Number: ..... Yealm Yacht Club Membership no:.....

Please tick dates required:

Day	Date	Time	
Thurs	1st June	1000-1300	
Fri	2nd June	1130-1430	
Sat	3rd June	1230-1530	
Sat	17th June	1000-1300	
Sat	15th July	0900-1200	
Mon	14th Aug	0900-1200	
Tues	15th Aug	1000-1300	
Sat	19th Aug	1500-1800	
Thurs	31st Aug	1215-1515	

All sessions will take place from the slip at Yealm Yacht Club.
We can accept cash or cheques. Please make cheques payable to **Newton & Noss Network and return together with these forms to Vicky Williams, Barnicott, Bridgend Hill, Newton Ferrers, Pl8 1BA.**
Williams.victoria@hotmail.co.uk
Places will be allocated on a first come first serve basis.

Yealm Community Sailing Consent Form 2017

Name of child: School Attended:	Date of birth:
Home Address: Postcode: Email address:	
Parent / Carer who will be present at the sessions and mobile number:	
Contact Numbers Home: Mobile: Work:	
Doctor: Surgery:	
Special details: Any relevant information concerning your child's health requiring special attention but which does not prevent him / her taking part should be noted below. For example does your child: Have any allergies? Have diabetes, asthma, epilepsy?	
Is your child allergic to any medications? If so please give details:	
Has your child had any relevant recent illness?	
Has your child received a tetanus injection in the last five years:	yes / no
Can your child swim at least 50 metres?	yes / no

I consent for my child to have their photo taken for publicity purposes of the organisation. Yes ☐ No ☐	
We would appreciate an alternative contact name and details in (in case of an emergency):	
Name: Relationship to child:	
Contact number:	
Any other comments or additional information you feel may be useful:	
• I would like my child to take part in the above mentioned course(s) and having read the information provided agree to him / her taking part in the activities described. I understand that Yealm Community Sailing shall not be liable for any loss, damage, death or personal injury howsoever caused to any child as a result of their taking part in these sessions. Buoyancy aids must be worn at all times when on the water. • I consent to any emergency medical treatment (including general anaesthetic) Required by my child during their participation on the course. • I confirm that my child is in good health and I consider him / her fit to participate.	
Signature of Parent / Carer	Date