

Yealm Yacht Club

Dinghy And Dayboat Regatta

21st July 2018

Sailing Instructions

Sailing Instructions Change Log				
Change Number	Date	Change Details	Organising Authority	Prepared By
0	13 July 2018	Issue	YYC	J. Ingram

1.0 Rules.

- 1.1 The Racing Series will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The following Racing Rules are changed:
Rules 35, A4.2 and A5 - Paragraph 9.1.
Rules 44.2 – Paragraph 11.1.
Rule 40 - Paragraph 13.1.

2.0 Notices to Competitors.

- 2.1 Notices to Competitors will be posted on the Starters Hut Notice Board at the YYC (designated the Official Notice Board).

3.0 Changes to Sailing Instructions.

- 3.1 Any change to the Sailing Instructions will be posted on the Starting Hut Notice Board at the YYC. Changes to the Sailing Instructions will be issued by 1030 on the 21st July 2018.

4.0 Signals Made Ashore.

- 4.1 Signals made ashore will be displayed from the YYC Flagstaff.

5.0 Schedule, Classes and Flags.

- 5.1 The YYC Dinghy and Dayboat Regatta will take place on Saturday 21st July.
- 5.2 The Regatta will comprise of a Dinghy Class and a Dayboat Class. The two classes will start and race together. The Handicap System to be used is the Portsmouth Yardstick.
- 5.3 The Regatta will consist of Three Races.
Race 1 - Both Classes in Wembury Bay around the Buoys.
Race 2 - Dayboats around the Mewstone.
- Handicap Class in Wembury Bay around the Buoys.
Race 3 - Both Classes from Starting Line to YYC by the fastest route.
- 5.4 Class Flags and Warning Signals.

Class	Flag	Warning	Start
Race 1 Handicap	H	1225	1230
Race 2 Handicap	H	Approximately 10 Minutes after the last Boat finishing Race 1	
Race 3 Handicap	H	Approximately 10 Minutes after the last Boat finishing Race 2	

6.0 Racing Area, Marks and Courses.

- 6.1 The Racing Area is in Wembury Bay and the Mewstone Area.
- 6.2 The Buoys to be used as Rounding Marks in Wembury Bay are the YYC Buoys used for Devon Yawl Racing and Yellow Inflatable Marks.
- 6.3 Boats will round the Rounding Marks and then pass around the ODM to complete a lap.
- 6.4 The course will be displayed from the Committee Boat.
- 6.5 There is no limit to the number of rounds to be completed around the Buoys in Wembury Bay. Boats are to continue to race until the race is shortened. There is one rounding of the Mewstone and return direct to the starting line for the Dayboats.

7.0 Start.

- 7.1 Races will be started by using Rule 26 with the warning signal made 5 minutes before the starting signal.
- 7.2 The starting line will be between a Red Pole flying an Orange Flag on the Committee Boat and the Outer Distance Mark (ODM). The Committee Boat is due to be the White 32 ft Motor Cruiser 'Dippy Maid', but this may change.
- 7.3 The outer limit of the start line will be a laid Outer Distance Mark (ODM). The ODM will be a small spherical buoy with a flag.
- 7.4 A hooter will be used for sound signals. If this is not available a whistle will be used.
- 7.5 Prior to the warning signal all boats shall report their entry to the Committee Boat.

8.0 Finish.

- 8.1 The Finish Line will be the same as the Start Line between the Committee Boat and the ODM.
- 8.2 A hooter will be used for sound signals. If this is not available a whistle will be used.
- 8.3 Boats racing in Wembury Bay should be particularly vigilant for a shorten course instruction when approaching the Committee Boat.

9.0 Time Limits and Target Times.

- 9.1 The Time Limit for the first boat in each class shall be 90 minutes. Boats failing to finish within 30 minutes after the first boat completing the course will be scored Did Not Finish (DNF) without a hearing. This changes Rules 35, A4.2 and A5.
- 9.2 The Target Times for the Wembury Bay races shall be between 45 and 60 minutes. The Dayboat Race around the Mewstone shall have a time limit of 1700. The race back to the Club shall also have a time limit of 1700.

10.0 Bad Weather Provision

- 10.1 Should the weather or sea state be too bad for the Dinghies, Dayboats, Patrol Boats or the Committee Boat the Regatta will be sailed inside the confines of the Yealm Estuary.
- 10.2 The decision to sail inside will be taken by the Race Officer after discussion with race and club officials. The decision will be made as early as possible on the morning of the 21st July and at the latest by 1030. The change of courses will be posted on the YYC Starting Hut Notice Board
- 10.4 Depending on the wind direction and strength racing will be run from the Club Line or from a Committee Boat in the Yealm River.

11.0 Penalty Turns, Protests and Requests for Redress.

- 11.1 A boat may take a One Turn Penalty only when she may have broken one or more of the Racing Rules of Sailing Part 2 in an incident while racing. This changes the RRS Section 4 Rule 44.2.
- 11.2 As this is a Club Regatta there will be no protests in accordance with RRS Section 5.
- 11.3 If there is an incident where the participants feel strongly then the Race Officer will act as the arbitrator. The Race Officer's decision will be final and there is no further redress on the dispute.
- 11.6 In any event, for any on the water dispute, Competitors shall comply with the requirements of RRS Rule 61.1 informing the Protestee, if they intend to bring the dispute to the notice of the Race Officer.

12.0 Safety.

- 12.1 All Dinghy and Dayboat crews shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Rule 40 is deemed to be in effect even though Code Flag Y is not flown. This changes Rule 40.
- 12.2 The Safety Officer for the race, on the water in the Patrol Boat designated as Safety 1 is responsible for controlling the other Patrol Boats (designated Safety 2, etc.), allocating their patrol areas and reacting to any boat requests for assistance or emergencies. The Safety Officer shall liaise with and be under the overall direction and guidance of the Race Officer.
- 12.4 Competitors and Safety boats are to note the use of the term Code Red, used in communications, that signifies a serious emergency situation has arisen and that the Crisis Management Plan is being followed. All Patrol Boats are to carry a copy of the Crisis Management Plan.
- 12.5 A boat that retires from a race shall notify the Race Management Team as soon as possible. This can be reported through one of the Patrol Boats or direct to the Committee Boat. The Race Management Team will also be monitoring boats completing each lap of the race.

13.0 Radio Communication.

- 13.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications which is not available to all boats. This restriction also applies to mobile telephones.
- 13.2 The Race Officer, Safety Officer and Patrol Boats will communicate on VHF Ch 72.

14.0 Prizes.

- 14.1 A prize will be awarded for the first Dinghy and the first Dayboat in each Race.

15.0 Risk Statement.

- 15.1 Rule 4 of the Racing Rules of Sailing states:

'The responsibility for a boat's decision to participate in a race or to continue racing is hers' alone.

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that: -

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing for the event'.

16.0 Insurance

16.1 Each participating boat shall be insured with a valid third party liability insurance with a minimum cover of £3,000,000 per incident or equivalent.